

## **Recommended Philmont Personal Gear List**

### **Packing System**

- Internal Frame Pack (Multi- Day or Extended Trip, 70-75 L, 4,300-5,000 cu.in. +) custom fit and volume essential
- Rain Cover-(80-100 L to cover gear strapped to pack)

### **Shelter**

- 2-3 person backpacking tent, 3 season, with footprint, and tent stakes (Can be Philmont-issued)

### **Organization** -Keeps clothing dry

- One gallon size zip-lock bags-Organize gear by use and/or by daily wear
- Waterproof dry stuff bags

### **Sleeping System**

- Down or synthetic, mummy style; 2-3season 20-30F Rating (weight and compressibility selection factors)
- Sleeping bag liner-silk, or synthetic for bag protection and additional warmth (8F+)
- Sleeping pad-cushion, insulation, weight, and bulk a selection factor. Choose inflating or self-inflating pad, full or 3/4 length, mummy or rectangular shape
- Waterproof compression sack-bag protection OR ultra-light compression-capable approach pack as stuff sack
- Backpacking Pillow-comfortable, lightweight, compressible
- Sleeping Clothes-sleep wear only

### **Clothing System** (No cotton!!!)

#### ***Hiking Layer***

- Hiking Boots-Mid-length, waterproof, w/ new laces. (Insoles for extra cushion and comfort)
- Trekking socks (2-3 pairs-Merino wool blend)
- Liner socks-(2-3 pairs, Merino wool blend)
- Underwear-(2-3 pairs, silk or synthetic, merino wool, boxer style)
- Hiking shorts-(1 pair)
- Convertible shorts (1-pair)
- Hiking Shirt, short sleeve (2 pairs, Merino wool or synthetic blend)

#### ***Cool Layer***

- Hiking Shirt, long sleeve (Merino wool or synthetic blend)
- Insulated underwear (silk-weight wool blend or silk)

#### ***Cold Layer***

- Lightweight insulated sweater or jacket (weight and bulk a selection factor)
- Stocking Cap (Merino wool or Fleece)
- Liner gloves (Merino wool or fleece, waterproof preferred)

### **Rain Gear**

- Breathable, waterproof jacket with pants (full-zip recommended)

### **Eating Gear**

- Personal bowl or plate (plastic, aluminum, titanium)
- Cup (plastic or aluminum, titanium)
- Spork (Plastic, aluminum, titanium)

**Hydration**

- (3-4) 1L bottles (wide-mouth, plastic) OR (2) 1L bottles + hydration bag

**Sun Protection**

- Chap stick/Lip balm (SPF 25)
- Sunscreen (non oily, non-aerosol, SPF 50+, cream)
- Baseball style cap or hat (Vented, synthetic blend)
- Sunglasses or sun clips (strap)

**Miscellaneous Personal Gear**

- Trekking poles
- Camp chair or pad
- After-Hike Shoes (closed toe, light weight)
- Pocket Knife (small)
- Headlamp
- Lighter
- Compass ( Baseplate type and Philmont maps)
- Whistle
- Watch (inexpensive)
- Cash (recommend \$20 in small bills)
- Digital camera and case
- Extra batteries for camera and headlamp
- Notepad/journal
- Day hike bag (ultra-light, use as stuff sack, 9-12 oz.)

**Personal Hygiene**

- Bandanna (2)
- Toothbrush and tooth paste
- Backpacking towels (1 lg, 1 sm optional as bath cloth)
- Biodegradable soap (sm bottle)
- Foot powder Anti-chafing skin protectant
- Ditty Bag